



THE 7th SASMBS ANNUAL CONFERENCE

SAUDI ARABIAN SOCIETY FOR
METABOLIC AND BARIATRIC SURGERY
ANNUAL CONFERENCE

HILTON JEDDAH
7-9 Feb 2024

تحت رعاية
صاحب السمو الأمير

سُجُودُ بْنُ عَبْدِ اللَّهِ بْنِ جَلَوِي

محافظ جدة



Welcome Message

Dear Esteemed Saudi Arabian Society for Metabolic and Bariatric Surgery and Distinguished Guests,

It is with great pleasure and excitement that I welcome you to the 7th Annual Conference of the Saudi Arabian Society for Metabolic and Bariatric Surgery. As the President of this esteemed society, I am honored to extend my warmest greetings to each and every one of you who have gathered here to contribute to the advancement of our field.

This conference represents a pivotal moment in our ongoing journey towards excellence in metabolic and bariatric surgery. Over the years, our society has played a crucial role in fostering collaboration, sharing knowledge, and pushing the boundaries of innovation in the pursuit of improved patient outcomes.

The themes for this year's conference will reflect our commitment to staying at the forefront of cutting-edge advancements in our field. Through a series of enlightening sessions, engaging discussions, and collaborative workshops, we aim to explore the latest research, techniques, and technologies that will shape the future of metabolic and bariatric surgery.

I would like to express my deepest gratitude to our speakers, researchers, and sponsors for their invaluable contributions to this event. Your expertise and dedication are instrumental in enriching the content of our conference, and we are fortunate to have you with us.

To our attendees, I encourage you to actively engage, share your experiences, and build lasting connections with your colleagues. The strength of our society lies in the collective knowledge and passion of its members, and I am confident that this conference will serve as a platform for meaningful collaborations and advancements in our field.

Once again, welcome to the 7th Annual Conference of the Saudi Arabian Society for Metabolic and Bariatric Surgery. May the next few days be filled with inspiration, learning, and fruitful discussions that contribute to the continued success of our society.

Thank you for your commitment to excellence in metabolic and bariatric surgery.

Sincerely,

Prof. Aayed Alqahtani

Professor and Consultant of Bariatric and Minimally Invasive Surgery

President, Saudi Arabian Society for Metabolic and Bariatric Surgery (SASMBS)

Welcome Message

Welcome To SASMBS

I am pleased to invite you to join the global Obesity health professional community at the SASMBS 2024 Feb 9-7. This is the seventh annual SASMBS educational meeting focused on Obesity and related comorbidities.

At the congress, you will access updates on Revision surgery and the Pharmacotherapy tools to manage, and prevent Obesity with Allied health care providers. With the increasing obesity burden worldwide comes an increase in Obesity comorbidity-related diseases.

Poor Obesity management outcomes, whether through lack of education or enhancement follow-up, means Obesity management factors are a growing public health concern in countries.

The SASMBS 7th annual congress will feature a 3-day program offering the latest scientific advances in managing and preventing Obesity and weight regain.

The opening day of the congress will also spotlight pre-congress courses.

I believe it will enhance and refresh your knowledge in patient care against Obesity.

Throughout the remaining two days of high-level sessions, participants will have many opportunities to network with experts and colleagues through our annual meeting and the exception with many vendors.

My colleagues, and I look forward to meeting you in February.

Together, we can be a force to improve outcomes and quality of life for people with Obesity.

Sincerely,
Dr. Esam Batayyah
MD. FACS.FASMBS
President

Sincerely,
ALI ALMONTASHERY
MBBS, SSC-SURGERY
Vice president



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Scientific
Program



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FEBRUARY **5th** and **6th**

**Pre-Congress Laparoscopic
Gastric Bypass
HANDS ON workshop**

Course Directors:

Dr. Esam Batayyah
Dr. Aly Elbahrawy
Dr. Mohamed Alkalaawy

Course directors:

**Dr. Esam Batayyah- Dr. Ali Amontashery - Dr. Mohamed Elkalaawy
Dr. Aly Elbahrawy**

- 08:45-09:00  **GASTRIC BYPASS WORKSHOP**
 **Dr. Fahad Alfayez**
-
- 09:00-09:15  **Bariatric Surgery Options in the current Practice**
 **Dr. Ali Amontashery**
-
- 09:15-09:30  **Current Guidelines and indications for Obesity Surgery**
 **Dr. Esam Batayyah**
-
- 09:30-09:45  **RY Gastric Bypass; Video and Technique**
 **Dr. Esam Batayyah**
-
- 09:45-10:00  **One Anastomosis Gastric Bypass; Video and Technique**
 **Dr. Ali Amontashery**
-
- 10:00-10:10  **Introduction to Jnj Abdominal Simulator**
 **Dr. Mohamed Elkalaawy**
-
- 10:10-10:30 **COFFEE BREAK**
-
- 10:30-12:00  **Hands on Session: Dissection, Stapling and Energy**
 **Dr. Mohamed Elkalaawy - Dr. Aly Elbahrawy**
-
- 12:00-13:00 **LUNCHBREAK**
-
- 13:00-13:20  **Revisional Surgery Options For a failed Sleeve**
 **Dr. Aly Elbahrawy**
-
- 13:20-13:40  **Principles and Techniques of Bowel anastomosis**
 **Dr. Mohamed Elkalaawy**
-
- 13:40-14:00  **Dissection and Suturing in Obesity, Bypass Principles**
 **Dr. Aly Elbahrawy**
-
- 14:00-17:00  **Hands-on Session: G-J & JJ anastomosis**
 **Dr. Mohamed Elkalaawy - Dr. Aly Elbahrawy**



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**PRE-CONFERENCE
COURSES**



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Revisional Bariatric Surgery Course

Course Directors:

Dr. Aly Elbahrawy
Dr. Ali Almontashery

08:30-08:35 Course Introduction

Dr. Ali Almontashery
Dr. Aly Elbahrawy

Session 1: Basic principles and concepts of revisional Bariatric Procedures.

Panelist: Dr. Ahmad Khalil - Dr. Osamah Alsanie

08:35-08:50  Terminology and Indicators of the Failure of the Bariatric Surgery

 **Dr. Abdelrahman Nimeri**

08:50-09:05  Indications of Revisional Bariatric Surgery

 **Dr. Malik Almutairi**

09:05-09:20  Principle and requirements for re-operative bariatric surgeries.

 **Dr. Alwahhaj Khogeer**


Session 2: REVISIONAL BARIATRIC SURGERY AFTER LSG PART1

09:20-09:35  Sleeve revision for severe GERD and esophagitis, surgical options

 **Dr. Aley Tohamy**

09:35-09:45  GERD after LSG: an overview and role of LINX.

 **Dr. Ashraf Maghrabi**

09:45-10:00  Re-sleeve gastrectomy for Weight gain with GERD after primary LSG. What's evidence?

 **Dr. Raad Fayez**











10:00-10:15  Revision of LSG to one anastomosis gastric bypass.

 **Dr. Mohamed Elkalaawy**

10:15-10:30 COFFEE BREAK

Session 3: REVISIONAL BARIATRIC SURGERY AFTER LSG PART2

Moderators: Dr. Mahmoud Hamo - Dr. Sultan Al Temyatt















- 10:30-10:45**  **Conversion of LSG to RYGBP as salvage procedure for both weight gain and GERD**
 **Dr. Mohammed Al-Abri**
-
- 10:45-11:00**  **Mid-sleeve stenosis/stricture, operative options.**
 **Dr.Helmuth Billy**
-
- 11:00-11:15**  **Chronic Intrathoracic Sleeve Migration**
 **Prof. Alaa Abbas**
-
- 11:15-11:30**  **Conversion of adjustable gastric banding to LSG, one stage vs two stage**
 **Dr. Ahmad ALQarzai**
-
- 11:30-12:00**  **Ventral Abdominal hernia during primary and revisional bariatric surgery, one stage vs two stage approach**
With Two stage approach (12 min)
With One stage approach (12 min)
Discussion: (6 min)-this session is vedio based discussion
 **Dr. Tariq Jaber**
Dr.Fadhel Alzahrani

12:00-13:00

LUNCH AND PRAYER

Session 4: REVISIONAL BARIATRIC SURGERY AFTER Gastric bypasses

Moderators: Dr.Osama Faidah - Dr. Adel Bakhsh

- 13:00-13:15  Revisions after RYGBP, indications and different re-operative strategies
 **Dr. Ashraf Haddad**
-
- 13:15-13:30  Banded Gastric bypass, long term results and re-operative strategies
 **Prof. Khaled Gawdat**
-
- 13:30-13:45  Conversion of RYGBP to sleeve gastrectomy.
 **Prof.Waleed Bukhari**
-
- 13:45-14:00  Marginal ulcers/perforations after OAGB, management approach and revision techniques.
 **Dr.Mohit Bhandari**
-
- 14:00-14:15  Bile reflux after OAGB, surgical approach
 **Dr. Mohamad Hayssam Elfawal**
-
- 14:15-14:30  Managing duodenum in SADI leaks.
 **Dr. Hussam Adi**
-
- 14:30-14:45  Revision of Scopinaro for Intractable Hypocalcaemia
 **Dr.Esam Batayyah**
-
- 14:45-15:00 **COFFEE BREAK**

Session 5: Revisional Videos

Dr. Saleh Aldaqal - Dr. Khalid Alrosini

15:00-15:10



Revision of butterfly gastroplasty



Dr. Mohamed Abouzeid

15:10-15:20



Revision of Laparoscopic single anastomosis DJB



Dr. Chih-Kun Huang

15:20-15:30



VBG to RYGBP



Dr. Haider Alshurafa

15:30-15:40



Revisional surgeries post laparoscopic sleeve gastronomy?!
Role of bipartition and SASI



Dr. Abdulrhman Salem

15:40-15:50



Management Of chronic sleeve fistula



Dr. Ali Nasser Alqahtani

15:50-16:00



Robotic conversion of LSG to RYGB



Dr. Aley Tohamy

16:00-16:10



Migrated Sleeve with unusual postoperative course!



Dr. MOHAMMED JAHAM M A AL KUWARI

16:10-16:20



Revision of OAGB for weight regain



Dr. Tarek Mahdi

16:20-16:45

DISCUSSION AND CLOSING REMARKS



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الجمعية العلمية السعودية للسكري
Saudi Scientific Diabetes Society

Obesity Medicine Course

Course Directors:


Prof. Abdulrahman Alshaikh

Dr. Saud Alsifri

08:30-08:40 Course Introduction

Session 1

Moderators: Dr. Hussein Elbadawi - Dr. Ali Alshehri

08:40-09:00  Should we care about obesity?
(Epidemiology and complications)

 Dr. Saud Alsifri

09:00-09:20  Does lifestyle modification improve outcomes in PwO?

 Dr. Shaza Abu Ouf

09:20-09:40  Metabolic Bariatric surgery for Type 2 DM, Response varies.

 Dr. Ali Aminian

09:40-10:00  Unveiling the power of Mounjaro's mechanism of action
"Lilly sponsored lecture"

 Dr. Husien Elbadawi

10:00-10:15 DISCUSSION

10:15-10:30 COFFEE BREAK

Session 2:

Moderators: Prof. Adnan Alshaikh - Dr. Ali Aminian

10:30-10:50  What now life after Bariatric surgery ?


 Dr. Manal Marghalani

10:50-11:10  Obesity management in children and adolescence.

 Prof. Adnan Alshaikh

11:10-11:30  Obesity related heart disease: How common?

 Dr. Menwer Almajnoni

11:30-11:50  Metabolic Surgery for Heart Failure - a New Focus for Treatment.











 Dr. Philip Schauer

11:50-12:10 DISCUSSION

12:10-13:00 LUNCH AND PRAYER

Session 3

Moderators: Prof. Abdulrahman alshaikh - Dr. Philip Schauer

- 13:00-13:20  Where do Anti-obesity Medications fit in obesity management?
 **Dr.Ali Alshehri**
-
- 13:20-13:40  Anti-obesity medications as adjunct / bridging tool for Bariatric surgery
 **Dr. Philip Schauer**
-
- 13:40-14:00  Effectiveness and safety of AOM, Is it weight reduction or CV outcomes.
 **Dr. Dina Khondanah**
-
- 14:00-14:20  What predicts successful weight loss maintenance?
 **Dr.Nasser aljuhani**
-
- 14:20-14:40  The role of Hormones and Neurotransmitters in obesity management.
 **Dr. Ammar Tonkal**

14.40-14.50 **DISCUSSION**

14.50 - 15.00 **BREAK**

Session 4:

Moderators: Dr.Saud Alsifiri - Dr.Abdulrahman Alnermiri

- 15:00-15:20  Managing patient with NASH and obesity- A case Based Approach.
 **Dr.Abdulaziz Tashkandi**
-
- 15:20-15:40  How can Bariatric surgery help in NASH? Surgical perspective.
 **Dr. Ali Aminian**
-
- 15.40- 16.10  Debate:
With New Weight loss meds, do we still need Bariatric surgery?
 **Medical: Dr.Ali Alshehri**
Surgical: Dr.Phill Shauer

16.10-16.30 **DISCUSSION AND CLOSING REMARKS**



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**Bariatric Allied
Health Workshop
(Clinical Dietitian / Psychiatry
and Psychology / Nursing)**

Course Directors:

Dr. Saeed alsareii















Dr. Khalid Alshahrani

08:30-08:35 **Workshop Introduction**

Dr. Saeed Alsareii





Session 1: Nutritional updates

Moderators: Prof. Randa Reda Mabrouk - Dr. Shoug Alashmali

- 08:35-08:50  Updated nutrition guidelines pre and post bariatric surgery
 **Dt. Eram Abdullah Albajri**
-
- 08:50-09:05  Pregnancy and metabolic surgery considerations.
 **Dt. Thanaa Alqarni**
-
- 09:05-09:20  Post Bariatric Refeeding Syndrome, where do we stand!
 **Dt. Afnan Azhari**
-
- 09:20-09:35  Post Bariatric hypoglycemia, truth revealed
 **Prof. Randa Reda Mabrouk**
-
- 09:35-09:50  Nutritional Aspects of Anti obesity Medications
 **Dt. Waad Sindi**
-
- 09:50-10:05  Fueling the transformation: sport nutrition strategies for bariatric athletes
 **Dt. Kholoud Alshobragi**
-
- 10:05-10:20  Insulin resistance, the true effect of weight loss
 **Ms. Rayyan Al-Suleimani**

session2: Nutritional Challenges

Moderators: Prof. Randa Reda Mabrouk - Dr. Afnan Azhari

- 10:20 - 10:30  Case scenario 1 Pregnant Bariatric lady
 **Prof. Randa Reda Mabrouk**
-
- 10:30 - 10:40  Case scenario 2 Refeeding Syndrome After Bariatric Procedure
 **Dt. Afnan Azhari**

10:40 - 10:50  Case scenario 3 Bariatric Hypoglycemic Patient
 Prof. Randa Reda Mabrouk

10:50- 11:00  Nutritional hero
 Prof. Randa mabrouk

11:00 - 11:10 DISCUSSION



11:10 - 11:20 COFFEE BREAK

Session 3: Psychiatry and Obesity

Moderators: Dr. Abdallah AlQahtani - Dr. Ammar Tonkal

11:20 - 11:40  Bariatric psychiatry
 Dr. Abdallah AlQahtani

11:40 - 12:00  Changes following considerable weight loss: what to expect!
 Dr. Manal Marghalani

12:00- 12:20  Wernicke-Korsakoff syndrome after bariatric surgery
 Dr. sami saad - Dr. Alhanouf Alharthi

12:20 - 13:20 LUNCH AND PRAYERS BREAK

Session 4: Nursing Workshop A: introduction

Moderators: Dr. Saeed Alsareii

13:20- 13:30  Introduction to bariatric surgery
 Dr. Khalid Alshahrani

13:30- 13:40  Care in pre and post operative surgery
 Ms. Rana kelantan

13:40- 13:50  Instrumentation in bariatric surgery
 Mr. HASSAN Elmaghraby

13:50- 14:00

 **What to anticipate during bariatric surgery**

 **Ms. Eman saeed**

14:00-14:10

 **Patient safety and quality improvement initiative
in bariatric surgical practice**

 **Mr . Hassan Aljabri**

14:10 - 14:20

 **Bariatric surgery & new nursing leadership styles**

 **Dr. Sahar Aly**

14:20-14:30

DISCUSSION

14:30-14:40

COFFEE BREAK

Session 5: nursing workshop

B: into Action, round a table workshop

Moderators: Dr. Saeed Alsareii

14:40-15:10

 **The strength of gripping and related innovation**

 **Ms. Loloa Abdulaziz Alhussami**

15.10-15.40

 **Tri-stappling technologies and advances**

 **Ms. Rana Kalantan**

15.40- 16.10

 **Intelligent stapling and gentle tissue handling.**

 **Ms. Eman Saeed**

16.10 - 16.40

 **Discussion and closing remarks**

 **Dr.Saeed Alsareii**



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**Endobariatric
Masterclass**

Chairman: **Prof. Aayed Alqahtani**

Co- Chairman:

Dr. Mostafa Ibrahim - Dr. Emad Aljahadli

08:30-09:00

Registration Introduction and Welcome Address

Prof. Aayed Alqahtani

09:00-09:20

 Endobariatric: An Overview

 Dr. Emad Aljahadli

09:20-09:40

 Intra-gastric Balloon: Indications, Complications and follow up

 Dr. Mostafa Ibrahim

09:40-10:00

 ESG: Indications and Post Procedure follow up

 Prof. Aayed Alqahtani

10:00-10:10

 Q & A

 All Faculty

10:10-12:40

 Hands on Session (1)

- Station (1): ESG " Double channel scope"
- Station (2): ESG " Single channel scope"
- Station (3): ESG " Single channel scope"
- Station (4): ESG " Single channel scope"
- Station (5): ESG " Single channel scope"
- Station (6): ESG " Single channel scope"



All Faculty

Prof. Aayed Alqahtani

Dr. Mostafa Ibrahim

Dr. Christopher Thompson

Dr. Abdullah Mousa

Dr. Emad Aljahadli

Dr. Majjd Alsaahafi

Dr. Abdulrahman Alfadah

Dr. Adeeb Ghalayini

12:40-13:40

LUNCH

13:40-14:00

 Understanding ESG techniques

 Dr. Abdullah Mousa

14:00-14:20

 Integrating Multidisciplinary Expertise in Bariatric Endoscopy referrals

 Prof. Aayed Alqahtani

14:20-14:40  **ESG Mastery: Unveiling the training path and learning curve of ESG**
 **Prof. Aayed Alqahtani**

14:40-14:50  **Q & A**
 **All Faculty**

14:50-16:50  **Hands on Session (2)***
· Station (1): Intra gastric Balloon
· Station (2): Intra gastric Balloon
· Station (3): Bariatric Complications Management
· Station (4): Bariatric Complications Management
· Station (5): TORe
· Station (6): TORe

 **All Faculty**
Prof. Aayed Alqahtani
Dr. Mostafa Ibrahim
Dr. Christopher Thompson
Dr. Abdullah Mousa
Dr. Emad Aljahadli
Dr. Majjd Alsa hafi
Dr. Abdulrahman Alfadah
Dr. Adeeb Ghalayini

16:50-17:00 **BREAK & CONCLUSION**



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Day

01

07:30-08:30

Registration

Bariatric surgery practice, current perspectives, and future directions

**Chairs: Prof. Aayed Alqahtani- Prof. Adnan Mofti- Prof. Waleed Bukhari
Prof. Mohammed Alnaami**

08:30-08:40



Bariatric Surgery Practice in KSA



Dr.Sultan Altemyatt

08:40-08:50



Operational Eco-Strategies: Redefining Surgical Practices for a Greener Tomorrow



Dr. Amer Alderazi

08:50-09:00



MOH Accreditation Process, how to be reinforced.



Dr. Muhammad Abukhater

09:00-09:10



Medico-legal advice



Dr. MOHAMMED KHALID MIRZA

09:10-09:20



SASMBS Guidelines, last revision, and recommendations.



Dr. Osamah Alsanie

09:20-09:40



Roundtable: Optimization of Bariatric surgery practice in KSA.



Dr.Mohammad Abu Rahma

09:40-09:50



Impact of complications on Bariatric Surgeon



Dr. Ali Manea Alahmary

09:50-10:00



Clinical advances we can expect from the newer generation AOM



Dr.Nisreen Alfares

10:00-10:10



**"Medtronic Sponsored lecture"
The impact of AOM on Bariatric surgery practice.**



Prof. Aayed Alqahtani

10:10-10:15

DISCUSSION

10:15-10:30

BREAK

Laparoscopic sleeve gastrectomy session 1

**Moderator: Dr.Yousef Alboq- Dr. Ahmad Khalil-Dr. Ali Manea Alahmary
Dr.Badr Alhadrami**

- | | |
|---------------|---|
| 10:30 - 10:40 |  12 years Follow-up of the largest RCT for Metabolic surgery
 Dr. Philip Schauer |
| 10:40 - 10:50 |  Is there A Perfect sleeve gastrectomy ?!
 Dr. Fahad Bamehriz |
| 10:50-11:00 |  Banded Sleeve Gastrectomy, long term results.
 Dr.Mohit Bhandari |
| 11:00 -11:10 |  GERD and Bariatric surgery: Myth and the truth
 Dr.Mohamed Elkalaawy |
| 11:10 -11:20 |  GERD and Sleeve, Preventive strategies and intraoperative HH identification.
 Dr. Mohammed Bawahab |
| 11:20- 11:30 |  N-Sleeve Is valid option in setting of GERD
 Dr.Sulaiman Taleb |
| 11:30 - 11:40 |  D-Sleeve: technical aspects and results.
 Dr. Abdelrahman Salem |
| 11:40 -11:50 |  Bikini line access in Bariatric surgery
 Dr. Tamer Abdelbaki |
| 11:50-12:00 |  Largest series of Bari-clip procedure in KSA
 Dr. Basem Othman |
| 12:00-12:10 |  Cancer Risk Reduction After Bariatric Surgery
 Dr. Ali Aminian |
| 12:10-12:20 |  Lilly sponsored lecture.
Mounjaro for the treatment of CWM.
 Dr.Naweed Alzaman |

12:30 - 13:00



Aspen sponsored lecture

Specific features for VTE post Bariatric surgery



Prof. Joseph Caprini

Coffee Break and Prayer

13:00-13:30

OPENING CEREMONY

13:30-14:30

LUNCH BREAK

Laparoscopic sleeve gastrectomy session 2

Moderator: Dr. Adel Bakhsh - Dr. Mohammad bawahab - Dr. Albaraa Kazim
Dr. Aly Elbahrawy

14:30 - 14:40



Robotic Sleeve Gastrectomy, Any Added Value.



Dr. Aley Tohamy

14:40 - 14:50



Robotic Bariatric Surgery the Debate



Dr. Abdullah AlGhamdi

14:50 - 15:00



Obesity and cancer evolution and prevention



Dr. Abdullah Zahrani

15:00 - 15:10



Concomitant hiatal hernia repair with sleeve gastrectomy



Dr. Ibrahim Al Onazi

15:10 - 15:20



Bariatric Surgery in Adolescence: The Abu Dhabi experience



Dr. Hazem Almomeni

15:20 - 15:30



Benefit of bariatric procedures in monogenic and syndromic obesity



Dr. Ali Alyahya

15:30-15:40



Acute sleeve migration, presentations, causes and management.



Dr. Hussam Alamri

15:40 - 15:50



Safety and effectiveness of LSG in patients post renal transplantation













Dr. Naif Alenazi

15:50 - 16:00

BREAK

Endo Bariatric

**Chairs: Dr. Abdulrahman Alfadah - Dr. Emad Jahadl - Prof. Mousa Khoursheed
Dr. Majjd Alsahaf**

- 16:00-16:10  **Endo bariatric Current and Future Perspective**
 **Dr. Barham Abu Dayyeh**
-
- 16:10- 16:20  **How to integrate ESG in your practice**
 **Prof. Aayed Alqahtani**
-
- 16:20-16:30  **Revisional Endobariatric**
 **Dr. Christopher Thompson**
-
- 16:30 16:40  **Metabolic Endobariatric**
 **Dr. Barham Abu Dayyeh**
-
- 16:40-16:50  **Endoscopic Management of Bariatric Surgery Complication**
 **Dr. Mostafa Ibrahim**

16:50-17:00 **DISCUSSION**

17:00 - 17:15 **BREAK**

**Laparoscopic sleeve gastrectomy session 3:
Accepted oral/videos.**

**Moderator: Dr. ADNAN SABBAHI- Dr. Alhassan Hesham Almaghrabi
Dr. Mahmoud Sadaqah - Dr. Bandar Albeladi**

- 17:15-17:23  **Evaluation of Quality of Life of Patients Undergoing
Different Types of Bariatric Surgery: A Cross-Sectional
Survey Study Among Patients in a Tertiary Care Center**
 **Dr. Saeed Alzahrani**

- 17:23-17:31  **Towards Zero Bleeding After Laparoscopic Sleeve Gastrectomy**
 **Dr.Owaid almalki**
Dr. Omar Althobaiti
-
- 17:31-17:39  **Parental Perception of Physical and Mental Impacts of Bariatric Surgery on Obese Children in Riyadh, Saudi Arabia**
 **Dr. Tuqa AlSinan**
-
- 17:39-17:47  **Concomitant Repair of Ventral Hernia during Bariatric Surgery using Single Port Access**
 **Dr. Rozan Alharbi**
-
- 17:47-17:55  **Saudi Public Awareness of Indications and Complications regarding Bariatric Surgeries**
 **Dr. Abdullah Alsubhi**
-
- 17:55-18:03  **Ghrelin gastric tissue expression in patients with morbid obesity and type 2 diabetes submitted to laparoscopic sleeve gastrectomy: immunohistochemical and biochemical stud**
 **Dr. Saeed Alsareii**
Dr. Khlood Mohammed Mehdar
-
- 18:03-18:11  **Prophylactic PPI in prevention of marginal ulcers after Gastric Bypass Surgery: A systematic review and meta-analysis.**
 **Dr.Ahmed Shamia**

18:11-18:21

DISCUSSION

20:00-22:00

GALA DINNER



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HILTON JEDDAH

7-9 Feb 2024

Day

02

07:00-08:30

Registration

RYGBP, OAGB, SADI, SASI session 1

**Chairs: Dr.Abdullah Awad - Dr.Abdullah Alzahrani - Dr. Mohit Bhandari
Dr.Malik Almutairi**

08:30 - 08:40

 **RYGBP the restrictive mechanism: pouch size and anastomosis techniques**

 **Dr. Osamah Alsanie**

08:40 - 08:50

 **Bowel length in RYGBP, Does BMI affect surgeon measurements?**

 **Dr. Abdelrahman Nimeri**

08:50-09:00

 **Patient Selection in OAGB, who is eligible?**

 **Dr. Osamah Taha**

09:00-09:10

 **Debate session: RYGBP vs OAGB in setting of GERD
RYGBP the best option in setting of GERD (5 min)
OAGB is safe option in setting of GERD (5 min)**


 **Dr. Sultan Altemyatt
Dr. Mohamad Hayssam Elfawal**

09:10-09:20

 **Single anastomosis DJB: new variant to prevent RYGB and SADI complications.**

 **Dr. Chih-Kun Huang**

09:20-09:30

 **OAGB: important technical tips (pouch, bowel length, bile reflux prevention)**

 **Dr. Mohamed Abouzeid**

09:30-09:40

 **Wide adoption and acceptance of SADI procedure: efficacy evidence**

 **Dr. Antonio Torres**

09:40-09:50

 **Not any sleeve with gastrointestinal anastomosis is SASI bypass**

 **Dr. Tarek Mahdi**

09:50-10:00

DISCUSSION

10:00-10:15

BREAK

**Moderator: Dr. Saeed Alsareii- Dr. Alaa Abbass Moustafa - Dr. Wisam Jamal
Dr. Alwahhaj Khogeer**

10:15-10:25



**Magnetic anastomosis in Bariatric and Metabolic surgery,
future of GI anastomosis**



Dr. Helmuth Billy

10:25-10:35



Leaks after RYGBP is not like Sleeve leak !!



Dr. Khaled Gawdat

10:35-10:45



**Metabolic consequences and nutritional deficiencies
after different bypass procedures.**



Dr. Randa Reda Mabrouk

10:45-10:55



OAGB leak: Management strategies.



Dr. Ali Alyammahi Khammas

10:55-11:05



4th revision of RYGB for extreme cachexia



Dr. Safwan Abdulrahman Taha

11:05-11:15



Management of duodenal complications after SADI



Dr. Antonio Torres

11:15-11:25



Post gastric bypass hypoglycemic syndromes.



Dr. Mohsen Alhashemi

11:25-11:35



Unexpected complication after RYGBP



Dr. Badr Alhadrami

11:35-11:45



Intestinal obstruction after OAGB



Dr. Aatif Shami

11:45-11:55



Bariatric emergencies



Dr. Ali Aminian

11:55-12:05



Management of extreme obesity with disability



Prof. Mohammad Alneami

12:05-12:15

DISCUSSION

12:15-13:30

JUMAH PRAYER AND LUNCH

IBC Session

13:30-13:35



Welcome



Prof. Aayed Alqahtani- Dr. Esam Batayyah - Dr. Haris Khwaja

Keynote Lectures

Chair: Dr. Haris Khwaja (UK)

Moderators: Dr. Sultan Al Temyatt - Dr. Chih-Kun Huang

13:35-13:50



**The Beauty of the Roux-en-Y Gastric Bypass:
from the beginning to beyond**



Dr. Philip Schauer

13:50-14:00



**Can combined pharmacotherapy and Endobariatric
procedures replace Bariatric & Metabolic surgery
in BMI 35-27 kg/m²?**



Prof. Aayed Al Qahtani

14:00-14:25



Grand Debate

**'SADI as a Revisional Surgery for Weight Regain after Sleeve
Gastrectomy: Great in Theory but not in Practice.'**

Chair: Prof. Antonio Torres

Moderator: Prof. Mousa Khoursheed

Lecture 1: Great in Theory but not in Practice: Dr. Khaled Gawdat

Lecture 2: Great in Theory & in Practice: Dr. Helmuth Billy

14:25-14:45



**Experts' Video Session: Dealing with the Ischemic Gastric
Pouch in Roux-en-Y: Watch and Pray or Consider an Esophago-jey?**

Chairs: Dr. Helmuth Billy & Prof. Waleed Bukhari

Panel: Dr. Esam Batayyah, Dr. Fadel Alzahrani

Dr. Ashraf Haddad, Dr. Philip Schauer, Dr. Alaa Abbas Moustafa,

Dr. Safwan Taha, Dr. Tarek Mahdi, Dr. Hayssam Fawal,

Dr. Aatif Inam Shami.

14:45-15:00

B R E A K

Miscellaneous/Accepted oral/video abstracts

**Moderators : Dr. Tariq Jaber - Dr.Ashraf Mghrabi - Dr. Khalid Alshahrani
Dr. Abdullah Alzahrani**

- | | |
|-------------|---|
| 15:00-15:08 |  Removal of AGB and LSG in one stage with unexpected intraoperative event
 Dr. Osama Murshid |
| 15:08-15:16 |  Internal hernia after 10 years of RYGB with closure of the defects
 Dr. Haider Alshurafa |
| 15:16-15:24 |  How complex is GERD in Bariatric surgery patients, evidence-based evidence and Video cases.
 Dr. Abdullah Almasaoud |
| 15:24-15:32 |  Mini-gastric bypass (MGB-OAGB) as a salvage procedure for staple line leak post sleeve gastrectomy: a Case report
 Dr. Khalid Al Shareef |
| 15:32-15:40 |  Role of Robotics in complicated Bariatric surgeries
 Dr.Mohammed Abu Khater |
| 15:40-15:48 |  Comprehensive Insights into Technical Bariatric Surgery Complications in One Case
 Dr. Osama Hamed |
| 15:48-15:56 |  Bariatric &Metabolic Ambulatory surgery
 Dr. Suliman Elsheekh |
| 15:56-16:04 |  Conversion from biliopancreatic diversion (scopinaro) To OAGB
 Dr.Hanan Alghamdi |
| 16:04-16:12 |  Our center's early experience in revisional surgeries for weight regain after RYGB, was it beneficial.
 Dr. Hefzi Alratrout |

16:12-16:22



Esophageal perforation induced by calibration tube during revision bariatric surgery



Dr. Saif faraj Almutairi

16:22-16:30



Perception of Knowledge, and Attitudes, of Safety, Effectiveness Consequences and Management of Bariatric Surgery among Community in Jazan City



Dr. Abdullah Madkhali

16:30-16:38



**Incidental findings during bariatric Surgeries:
A Steep course in management.**



Dr. Ahmed Abo khozima

16:38-17:00

DISCUSSION AND CLOSING REMARKS

17:00-17:40

SASMBS GENERAL ASSEMBLY





THE **7th** SASMBS ANNUAL CONFERENCE

SAUDI ARABIAN SOCIETY FOR
METABOLIC AND BARIATRIC SURGERY
ANNUAL CONFERENCE

HILTON JEDDAH

7-9 Feb 2024

Speakers

INTERNATIONAL SPEAKERS



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Professor of Surgery at Pakistan Institute of Medical Sciences, Islamabad Pakistan



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Director of Bariatric Surgery Brigham and Women's hospital Harvard Medical School.



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REGIONAL SPEAKERS



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President of Egyptian Society of
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Dr. Ali Alyammahi Khammas
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Vice president og GOSS
President elect IFSO MENA chapter



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The incumbent President of the Bahrain
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UGI, Bariatric, MIS and General
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Dr. Hazem Al Momani
Head of Department and Bariatric
Surgery Program Director at Weight
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Professor of surgery Ain Shams Faculty
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Former President, Pan Arab Society for Metabolic and Bariatric Surgery (PASMBS)
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Dr. Abdullah Almousa

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IN MAIDINAH



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Mr. Hassan Elmaghraby
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Consultant General
surgeon for advanced Endo-laparo-
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Prof. Saeed alsareii

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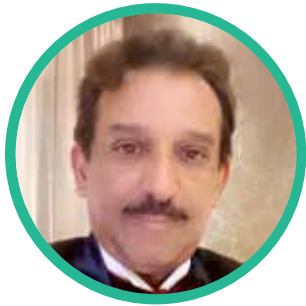
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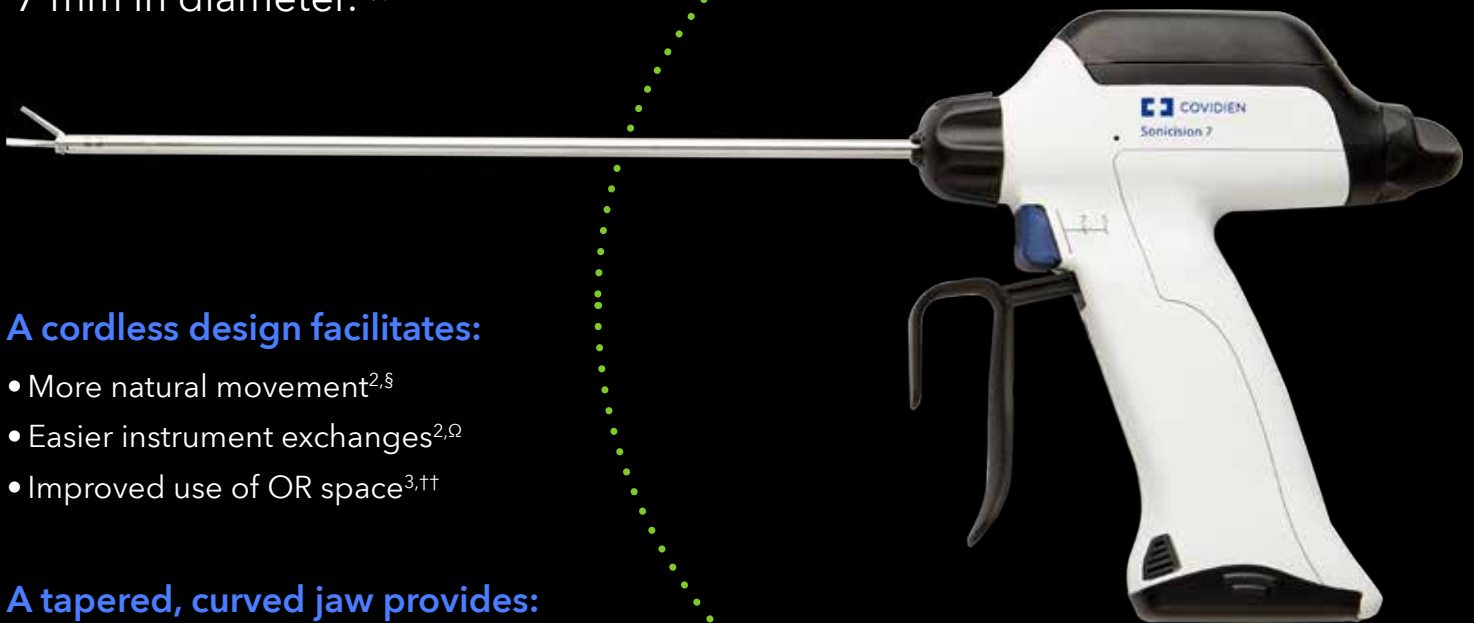
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The next advancement[†] in cordless ultrasonic dissection is here – now designed to coagulate and dissect vasculature up to and including 7 mm in diameter.^{1,‡}



A cordless design facilitates:

- More natural movement^{2,§}
- Easier instrument exchanges^{2,Ω}
- Improved use of OR space^{3,††}

A tapered, curved jaw provides:

- Access in tight spaces^{2,††}
- Visualization of target structures^{2,††}
- Precise energy dissection^{1,‡}

A single intuitive^{1,‡} dual mode energy activation button enables:

- Procedural versatility^{1,§§}
- The surgeon's eyes to stay on the surgical field^{1,ΩΩ}
- Improved surgical efficiency^{1,‡}

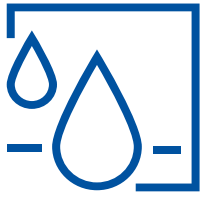
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Reliable stapling performance.

Tri-Staple™ technology is backed by 10 years of clinical use



Greater perfusion allowed into the staple line^{1,†}



Less stress during compression and clamping^{2,3,†}

The right reload. Everytime.

To help you overcome clinical challenges across procedures – and confidentially meet each patient's needs – Tri-Staple™ technology is built into a portfolio of reloads.



References:

1. Based on internal test report #2128-002-2, Final analysis of staple-line vascularity using MicroCT. July 2015.
- † Compared to flat-faced cartridges with single-height staples.
2. Based on internal test report #PCG-007 rev 1, Perfusion into Clamped Media. Sept. 2, 2011.
3. Based on internal test report #PCG-018, 2-D FEA of linear staplers. November 2012.

This material is for Healthcare Professionals in countries with applicable health authority product registrations.

Important: Always refer to the Instructions For Use (IFU) packaged with the product/e-IFU for complete instructions, indications, contraindications, warnings, and precautions.
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Smart stapling

A new level of confidence.

The Signia™ stapler optimizes staple formation – and provides you with real-time feedback.



Consistent staple lines^{3,4,}

Uses force-sensing technology to adjust firing speeds to optimize staple formation when stapling in variable tissue thickness.

Real-time feedback

Displays real-time feedback on an easy-to-understand LED screen.^{13,14} So you can make informed decisions about reload selection.^{14,†}

Single-handed operation¹³

Frees your other hand to focus on the surgical site.¹³ And – with fully powered articulation, rotation, and clamping¹³ – provides greater precision and maneuverability.¹⁶

†Preclinical results may not correlate with clinical performance in humans.

‡Bench test results may not necessarily be indicative of clinical performance.

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once weekly
mounjaro™
(tirzepatide) injection

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Help your patients experience
an average weight loss of
23.6 kg (-22.5%)^{1,2*}



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*15 mg dose vs -2.4 kg (-2.4%) for placebo, and included a reduced-calorie diet and increased physical activity.¹

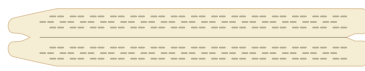
Efficacy estimand, MMRM analysis, mITT population (efficacy analysis set)¹
1. Jastreboff AM, Aronne LJ, Ahmad NN, et al. Tirzepatide once weekly for the treatment of obesity. *N Engl J Med.* 2022;387(3):205-216. doi:10.1056/NEJMoa2204038
2. Mounjaro (tirzepatide once weekly) [Summary of Product Characteristics]. Saudi Arabia: Eli Lilly and Company. Dec 2023

Lilly

A buttress that enables seamless tissue manipulation¹



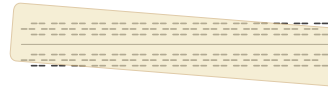
Exceptional coverage after tissue manipulation²



100%

of ECHELON
ENDOPATH™ Staple
Line Reinforcement
applications covered all
staples with buttress²

vs.



28%

of Other Staple Line
Reinforcement
applications covered
all staples with
buttress²



Experience the difference with
ECHELON ENDOPATH™
Staple Line Reinforcement

1. Data on File (114777-190911). Based on coverage after manipulation assessment on porcine tissue. 2. Data on File (122982-220225). In a benchtop test, ECHELON ENDOPATH™ Reinforcement covered all staple legs in (40/40) applications. In a benchtop test, ECHELON ENDOPATH™ Reinforcement fully covered staple legs in (15/15) applications.

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**Craftmanship Redefined
Exceeding your Expectations**
Siderlux Powered Endostapler

Relating Head Assembly
The rotating head can adjust three angles: 15°, 30°, 45°.

Progressive Stage of 1.5 mm
of the thin end of loading bar.

Ergonomic Design
Anti-slip coating.

Optimized Laser Mechanics Technology
With four or five springs, the optimized steel mechanical design is arranged to make the operation be more smoothly and easily.

Crossible smooth Technology
Provides better grasping of distal tissue, reduced blood overflow, and increase effective stapling length.

Deck-to-clear Technology
To ensure that staples can enter into the groove safely and accurately during clamping and firing.

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Covered and coated area increased by 20% to ensure better staple formation.

Strengthened BULL Connector
Strengthened BULL connector can improve the safety.

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MPOWER
Medical Solutions



EnDrive Beluga™

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60° Powered articulation



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Smarter, easier, faster



Beak-shaped Cartridge
with better grip technology



Stepped stapling
Unique design

OverStitch™

Endoscopic Suturing System

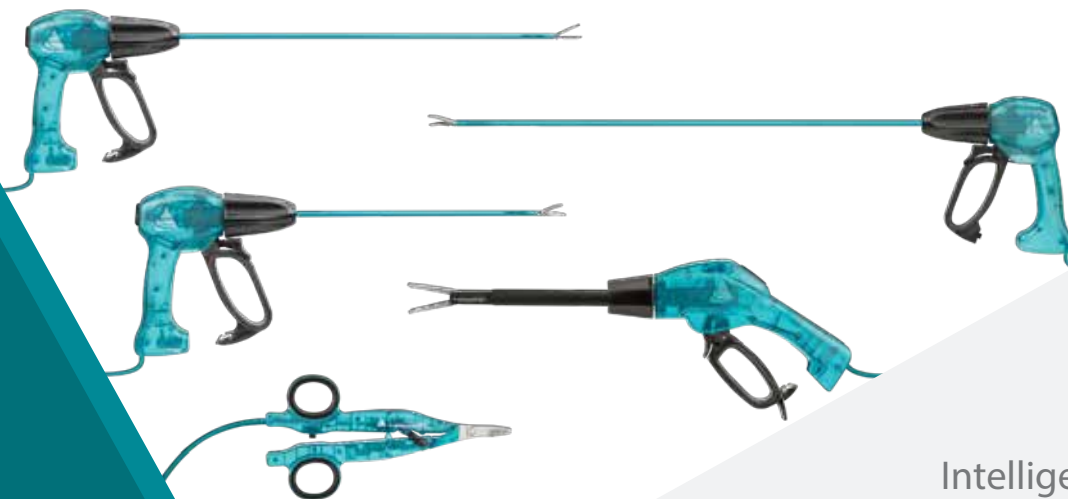
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Saxenda® delivers trust through Yemdinā, a comprehensive weight management program, provided through the dedicated patient support Program.



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For Managing Patients Pre and Post Bariatric Surgery¹

Trust the Saxenda[®] because



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Average weight loss in early responders' group is 11.5% of which 1 out of 4 will reach 15% weight loss



Value Beyond Weight loss^{3,4,5,6}

Reducing Obesity Related Complications



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For more information about the product, please refer to the last approved Summary of product characteristics in KSA on Saudi Drugs Information system



¹ Saudi Arabia Society of Metabolic and Bariatric Surgery 2019 guidelines, accessed Aug. 2020 <https://www.sasmb.org/guidelines.html>; Blüher et al. Diabetologia 2015;58 (Suppl1): S310 (Poster 646). ² Wadden TA, Hollander P, Klein S, Newwender K, Woo V, Hale PM, Aronne LJ. N8022-1923 Investigators. Weight maintenance and additional weight loss with liraglutide after low-calorie-diet-induced weight loss: the SCALE Maintenance randomized study. Int J Obes (Lond). 2013 Nov;37(11):1443-51. doi: 10.1038/ijo.2013.120. Epub 2013 Jul 1. Erratum in: Int J Obes (Lond). 2013 Nov;37(11):1514. Erratum in: Int J Obes (Lond). 2015 Jan;39(1):187. PMID: 23812094. ³ Le Roux CW, Astrup A, Fujioka K, Greenway F, Lau DCW, Van Gaal L, Ortiz RV, Wilding JPH, Skjeth TV, Manning LS, Pi-Sunyer X; SCALE Obesity Prediabetes N8022-1839 Study Group. 3 years of liraglutide versus placebo for type 2 diabetes risk reduction and weight management in individuals with prediabetes: a randomised, double-blind trial. Lancet. 2017 Apr 8;389(10077):1399-1409. doi: 10.1016/S0140-6736(17)30669-7. Epub 2017 Feb 23. Erratum in: Lancet. 2017 Apr 8;389(10077):1398. PMID: 28237263. ⁴ Pi-Sunyer X, Astrup A, Fujioka K et al. For the SCALE Obesity and Prediabetes N8022-1839 Study Group. A randomised, controlled trial of 3.0 mg of liraglutide in weight management. N Eng J Med. 2015;373(1):11-22. ⁵ Marso SP, Daniels GH, Brown-Frandsen K et al; the LEADER Steering Committee on behalf of the LEADER Trial investigators. Liraglutide and cardiovascular outcomes in type 2 diabetes. N Eng J Med 2016; 375(4):311-322.

Saxenda
liraglutide injection

SA24SX00002



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The **remodelable** choice for reinforcing surgical staple lines



Peri-Strips Dry[®] with Veritas[®] Collagen Matrix Staple Line Reinforcement

Remodelable. Reliable. Reinforcement.

The maker of Peri-Strips[®], the original staple line reinforcement, announces a significant advancement in staple line reinforcement technology.

- **Remodelable:** Transforms into histologically indistinguishable host tissue
- **Reliable:** Synovis has more than 10 years of suturing experience and more than 1,000,000 units sold
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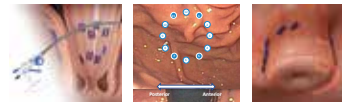


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- Tube for administering meth-blue is 2mm in diameter. This means less wastage and administration at desired site
- Soft enough to allow easy positioning in the stomach with minimal resistance
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- Separate Stop Cock with smaller 2 mm lumen to Administration of Air or Methylene Blue for leak tests
- Available in a Straight and Curved Version for both Bypass and Sleeve Gastrectomy
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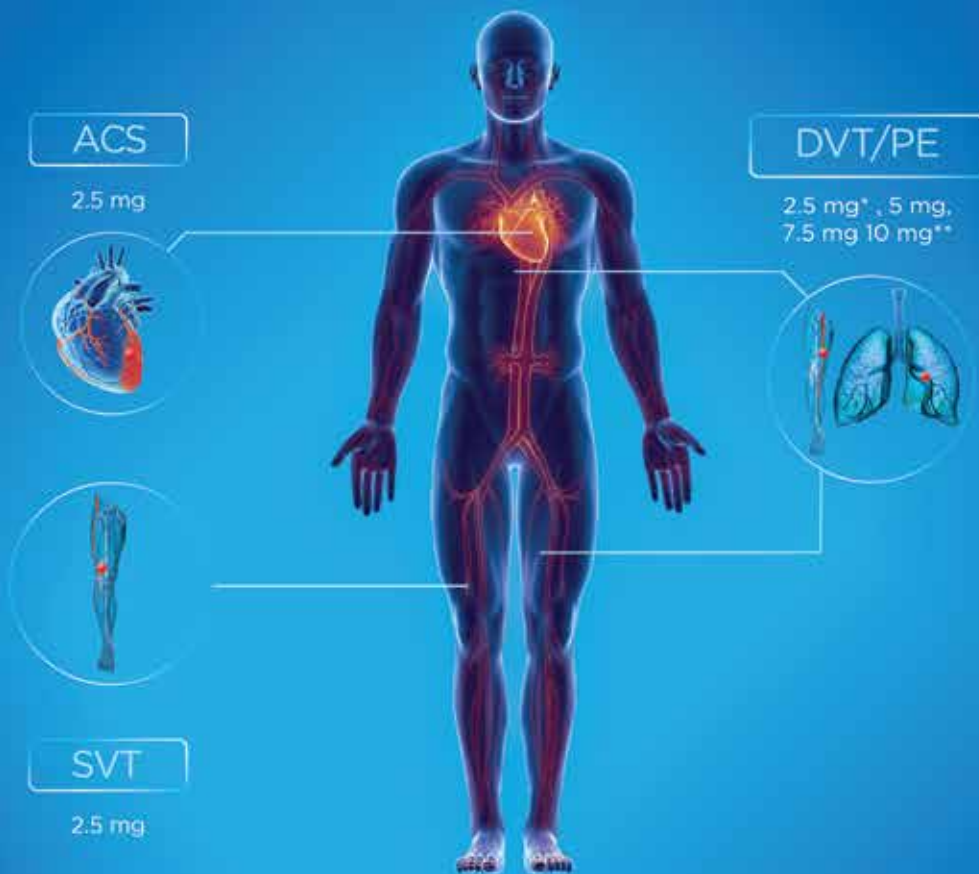


Becham Calibration Tube

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Reference: 1. ARIXTRA Summary of Product Characteristics, August 2018.

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PE= Pulmonary Embolism, SVT= Superficial Venous Thrombosis

* For DVT/PE prevention

** For VTE treatment



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Thank You